

MILAM COUNTY HEALTH DEPARTMENT MONTHLY NEWSLETTER

PRODUCED BY MONICA STEWART-MILAM COUNTY PUBLIC HEALTH PREPAREDNESS
OFFICE

209 S. HOUSTON AVENUE, CAMERON, TX 76520 (254) 697-7092



NATIONAL IMMUNIZATION AWARENESS MONTH

Getting all of the recommended vaccines is one of the most important things a parent can do to protect their child's health, especially when they are in a setting like a school or a child care center where disease outbreaks can occur. Whether it's a baby starting at a new child care facility, a toddler heading to preschool, a student going back to elementary, middle or high school – or even a college freshman – parents should check their child's vaccine records. When parents are preparing to send their child off to day care, school or college, it's the perfect time to check if he or she is up to date on recommended vaccines.

Child care facilities, preschool programs, schools and colleges are highly susceptible to outbreaks of infectious diseases. Children can easily transmit illnesses to one another due to poor hand washing, uncovered coughs, dense populations and other factors. When children aren't vaccinated, they are at increased risk for disease and can spread disease to others in their classrooms and communities. This includes babies too young to be fully vaccinated and people with weakened immune systems due to cancer or other health conditions.

Special Immunization Hours for every Monday for the month of August in Cameron Clinic are from 8 AM- 6 PM. The Rockdale Clinic will host late clinic days on Thursdays starting August 13, 2015 from 9 AM- 6 PM.

If you need help finding out if you have all of your vaccinations, feel free to call the Milam County Health Department. They have access to IMMTRAC which will make the process fast and easy. If you have not registered for IMMTRAC or would like more information contact the Milam County Health Department.

IMPORTANT NUMBERS

Milam County Health Department
(254) 697-7039

Public Health Preparedness
(254) 697-7092

Milam County Emergency Mgmt.
(254) 697-7060

Milam County Extension Office
(254) 697-7045

Milam County WIC
Cameron (254) 697-4913
Rockdale (512) 446-6245

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HELPFUL WEBSITES

WWW.READY.GOV

WWW.CDC.GOV

WWW.MILAMHEALTH.COM

CLINIC HOURS

MONDAY & WEDNESDAY-CAMERON 8-5
TUESDAY & THURSDAY-ROCKDALE 9-12 & 1-4:30

The Texas Vaccines for Children (TVFC) Program provides free or low cost vaccines to children that qualify. Please call the Milam County Health Department or your primary care physician for more information and to see if your child qualifies.