

MILAM COUNTY HEALTH DEPARTMENT NEWSLETTER



Zika Virus

Public Health needs your help in protecting Texans from the Zika virus! Before the 'mosquito season' begins you can....

Take steps at your home to keep the mosquito away:

- In your yard, empty or get rid of buckets, old tires, pots, plant saucers and any container holding water
- Keep gutters clear of leaves and standing water
- Change water in pet dishes on a daily basis
- Cover trash containers
- Mow your lawn to keep down any high grass
- Water lawns, gardens and flower beds carefully – do not allow water to stand
- Change water in wading pools and bird baths several times a week
- Screen rain barrels and openings on water tanks and cisterns
- Keep any pools and hot tubs properly treated

Please visit the website: www.TexasZika.org for the latest travel and disease information!

IMPORTANT NUMBERS

Milam County Health Department
Cameron (254) 697-7039
Rockdale (512)-446-4026

Milam County Emergency Mgmt.
(254) 697-7060

Milam County WIC
Cameron (254) 697-4913
Rockdale (512) 446-6245

Milam County and USDA are Equal
Opportunity Providers and
Employers

HELPFUL WEBSITES

WWW.TexasZika.Gov

WWW.READY.GOV

WWW.CDC.GOV

WWW.MILAMHEALTH.COM

FLU SEASON IS NOT OVER! SEE YOUR PROVIDER OR THE HEALTH DEPARTMENT TO GET YOUR FLU SHOT!

The Texas Vaccines for Children (TVFC) Program provides free or low cost to children that qualify. Please call the Milam County Health Department or your primary care provider for more information and to see if your child qualifies.